

NEWSLETTER

MAY-2025



VISITED
NEWLANDS SCHOOL ALWARQA
IN DUBAI



RASHID LATIF KHAN
UNIVERSITY



RASHID LATIF
MEDICAL COLLEGE



RLKU
MEDICAL COLLEGE



ARIF MEMORIAL
TEACHING HOSPITAL

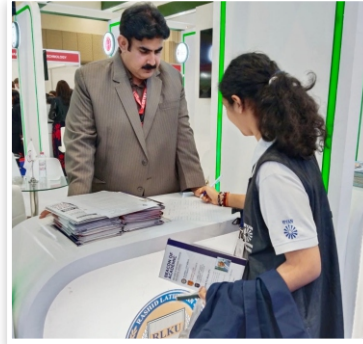


HAMEED LATIF
TEACHING HOSPITAL

RASHID LATIF KHAN UNIVERSITY (RLKU)

GETEX DUBAI EXPO

GETEX Dubai Mr. Syed M. Ahsan Ali, Head of Admissions, and Dr. Mudassar, Vice Principal & Mr. Asim Saleem, Director Operations from Rashid Latif Khan University proudly participated in GETEX Dubai, connecting with aspiring students and showcasing our diverse academic programs on a global platform.



VISITED NEWLANDS SCHOOL ALWARQA IN DUBAI

Rashid Latif Khan University (RLKU) - International Outreach Initiative Mr. Syed M. Ahsan Ali, Head of Admissions, and Dr. Mudassar, Vice Principal, visited Newlands School Alwarqa in Dubai, delivering an engaging outreach session and interacting with prospective students to discuss future academic opportunities and pathways.



RASHID LATIF KHAN UNIVERSITY (RLKU)

VISITED AJMAN SCHOOL IN DUBAI

Rashid Latif Khan University (RLKU) - International Outreach Initiative Mr. Syed M. Ahsan Ali, Head of Admissions, and Mr. Asim Saleem, Director Operations, from Rashid Latif Khan University visited Ajman School. During the visit they shared the RLK group brochures and received an invitation for a career fair and counseling sessions in December.



VISITED BEACONHOUSE AL-KHALEEJ CAMPUS IN SHARJAH

Rashid Latif Khan University (RLKU) - International Outreach Initiative Mr. Syed M. Ahsan Ali, Head of Admissions, and Mr. Asim Saleem, Director Operations, from Rashid Latif Khan University visited Beaconhouse Al-Khaleej campus in Sharjah, delivering an engaging outreach session and interacting with prospective students to discuss future academic opportunities and pathways. During the visit they had an interactive session with School Head Ms Rania Ameriah.



VISITED HIS HIGHNESS SHAIKH RASHID AL MAKTOUM PAKISTANI SCHOOL IN DUBAI

Rashid Latif Khan University (RLKU) - International Outreach Initiative Mr. Syed M. Ahsan Ali, Head of Admissions, and Dr. Muddassar Ali, Vice Principal, visited His Highness Shaikh Rashid Al Maktoum Pakistani School in Dubai as part of our international outreach efforts. During the visit, plans were finalized to sign a Memorandum of Understanding (MoU) to foster future academic collaboration and student exchange opportunities.



RASHID LATIF KHAN UNIVERSITY (RLKU)

QEC

ADVANCING QUALITY IN HIGHER EDUCATION | HEC & LAHORE SCHOOL OF ECONOMICS

The HEC Quality Assurance Agency, in collaboration with Lahore School of Economics, successfully organized a two-day capacity-building workshop focused on the progress of IQAE/QEC offices toward 2024-25 targets, and the strategic execution of PSG-2023 and HEC-QAD policies, at A. F. Ferguson & Co. Library, Lahore School of Economics.

The workshop brought together quality assurance professionals, academic leaders, and HEC officials too:

- Strengthening institutional internal quality assurance systems
- Drive policy awareness and implementation
- Align academic practices with the PSG-2023 framework

Mr. Ali Raza Qureshi, Director QEC and Additional Registrar at Rashid Latif Khan University (RLKU), proudly represented RLKU by delivering a session on the importance of quality in higher education, while emphasizing adherence to the PSG-2023 framework.

His session received commendation and appreciation from the members representing universities from across the Punjab region as well as from HEC members, who praised his valuable insights and honored his gracious contribution.



RASHID LATIF KHAN UNIVERSITY (RLKU)

QEC

RIPE REVIEW AT GIFT UNIVERSITY GUJRANWALA

An insightful and impactful **3-day RIPE Review** was successfully conducted at **GIFT University Gujranwala** from **28th to 30th May 2025**, under the new **PSG 2023 reformed format**.

We were honored to have **Mr. Ali Raza Qureshi**, Director QEC & Additional Registrar, Rashid Latif Khan University, as the **External IPER Evaluator** to assess **16 standards** prescribed under the revised framework.

The internal IPER committee comprised: **Mr. Owais**, Director QEC, GIFT, and **Mr. Mubeen**, Manager QEC, GIFT

The review process began with a deep dive into each standard and its expected indicators, thoroughly validated through documentation.

Highlight of the review? A fully paperless process!

A seamless, green, and digital review experience — truly a commendable initiative by Mr. Owais and Mr. Mubeen.

A detailed and thought-provoking conversation with **Prof. Dr. Shahid Qureshi**, Rector GIFT University, revolved around the **future of education** and how our **student-centric approach** needs to be re-centered and reinforced.

A productive, forward-looking experience — shaping a better, smarter future for quality education in Pakistan.



RASHID LATIF KHAN UNIVERSITY (RLKU)

QEC

RIPE CONDUCTED SUCCESSFULLY UNDER NEW PSG 2023 MODEL AT RASHID LATIF KHAN UNIVERSITY, LAHORE

Under the leadership of the Director Quality Enhancement Cell (QEC), Rashid Latif Khan University (RLKU) successfully conducted the RIPE (Review for Institutional Performance Evaluation) process in alignment with the newly introduced PSG 2023 framework.

The IPER Reporting and Evaluation Committee comprised esteemed members including:

- **Prof. Dr. Atif Raza**, Principal, College of Pharmacy, University of the Punjab
- **Col. Sohail Ajmal Butt**, Director QEC, Pak-AIMS
- **Mr. Muhammad Waseem**, Director QEC, National College of Arts, Lahore
- **Mr. Numan Shahid**, Director QEC, IAC, Lahore
- **Dr. Kashif Barkat**, HoD and Associate Professor, Pharmacy, University of Lahore

The committee conducted comprehensive departmental visits and evaluated the university's performance against the RIPE standards, carefully considering institutional ground realities. The visiting team commended the efforts of the Director QEC for ensuring quality compliance and effective coordination throughout the evaluation process.

The **Pro Vice Chancellor Prof Dr Rukhsana Kausar** of RLKU formally welcomed the IPER team, expressing gratitude for their constructive engagement. The management's commitment to quality assurance was further highlighted by the active involvement of a visionary leader, **Madam Sabahat Khan**, whose dedication set a strong tone for the process.

The IPER evaluation team concluded their visit with an Exit Meeting, where they shared detailed feedback, acknowledging the university's strengths while identifying areas for further improvement.

RLKU remains committed to continuous quality enhancement and is proud to have taken a significant step forward under the PSG 2023 model.

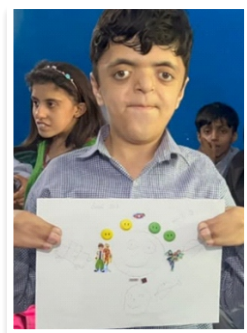


RASHID LATIF KHAN UNIVERSITY (RLKU)

DEPARTMENT OF PROFESSIONAL PSYCHOLOGY

COMMUNITY WORK

Students of BS Clinical Psychology (Sem 6) organized a community work and visit to Falah Foundation, NGO, Working on Inclusive Education. This visit was made possible through the kind support of Ms. Fariha Saif, CEO of Falah Foundation, who graciously welcomed a group of 28 Semester VI students, accompanied by faculty members Ms. Wajiha Abrar and Ms. Aqsa Bukhari.



DEPARTMENT OF PROFESSIONAL PSYCHOLOGY

FOOD BOXES DISTRIBUTION

RLKU Character Building Society SHINE (Society of Humanity, Integrity, Nurturance & Empathy) organized an event for honoring the hard work of its laborers by arranging food boxes for them. All the housekeeping staff, guards, laborers were given food boxes to appreciate their hard work. Madam Zuleikha, Director RLKU, Prof. Dr. Tahir Masood, Principal RLMC, Dr. Shahan Cheema, Director ORIC along with the faculty members of Faculty of Social sciences presented the boxes and recognized the efforts of laborers.



DEPARTMENT OF PROFESSIONAL PSYCHOLOGY

WORLD'S CULTURAL DAY

RLKU Dramatic Society-SPARK & Art & Photography-Frame & Form organized World Cultural Day of Diversity for Dialogue & Development to celebrate the cultural harmony. Various Cultural Stalls were organized representing the diversity in International Cultures. Madam Talat, CEO HLH, Madam Sabahat Khan, Madam Zuleikha Khan along with the Head of Departments enjoyed the Cultural display and appreciated the students. The event was well organized & managed by Ms. Mahrukh Mumtaz along with the Students of SPARK & Frame & Form.



RASHID LATIF KHAN UNIVERSITY (RLKU)

DEPARTMENT OF PHYSICAL THERAPY

1ST INTERNATIONAL CONFERENCE ON SPINE CARE

Rashid Latif Khan University, Department of Physical therapy Participated in 1st international spine conference held at UBAS in collaboration with Iranian university. Respected Dean/HOD DPT, RLKU

Prof Dr Rehana Niazi had the privilege to serve as a judge at the 1ST International Spine Conference, where she had the opportunity to evaluate and support emerging research and clinical insights in the field of spinal health and rehabilitation. The event showcased a high caliber of presentations by dedicated DPT students and professionals, reflecting innovation, critical thinking, and evidence-based practice.



DEPARTMENT OF PHYSICAL THERAPY

VISIT OF RESPECTED DEAN/HOD DPT, RASHID LATIF KHAN UNIVERSITY TO THE CENTRE FOR HEALTHCARE SIMULATION AND INNOVATION AT THE UNIVERSITY OF LAHORE

Professor Dr. Rehana Niazi, Dean/HOD DPT, Rashid Latif Khan University, and her team have visited the Centre for Healthcare Simulation and Innovation (CHSI) at The University of Lahore. The visit was to consider possibilities of collaboration and learn from simulation-based healthcare education. We are thankful to host her and value Prof. Dr. Ashfaq Ahmad, Dean, Faculty of Allied Health Sciences, for facilitating the visit. Special appreciation to Dr. Ishaq Ahmed Associate Professor /Postgraduate Incharge at UIPT for sharing his insights and for discussing his expertise with the innovative teaching and training approaches of the center.

The exchange demonstrates a mutual concern with strengthening healthcare education through state-of-the-art simulation and inter-institutional collaboration.



RASHID LATIF KHAN UNIVERSITY (RLKU)

DEPARTMENT OF PHYSICAL THERAPY

WELCOME PARTY HOSTED BY DPT 3rd YEAR

Students of DPT 3rd Year hosted welcome party for 2nd Year DPT, RLKU. Honourable chief guest was Dean/HOD DPT, RLKU

Prof. Dr.Rehana Niazi and respected faculty members were invited on the event.



OPERATION BANYUN UL MARSOOS

Saluting the bravery of our armed forces who triumphed in Operation Banyun ul Marsoos! Their courage, honor, and dedication will always be remembered.



RLKU MEDICAL COLLEGE (RLKUMC)

DEPARTMENT OF MEDICAL EDUCATION

WORKSHOP “PBL – CRACKING PROBLEMS TOGETHER”

The Department of Medical Education at Rashid Latif Khan University Medical College conducted a faculty development workshop titled “PBL – Cracking Problems Together” on 23rd May 2025. The workshop was supervised and facilitated by Prof. Dr. Naureen Omar, Director Medical Education. Demonstrators from various departments and PBL leads participated actively. The session was also graced by the presence of the Principal, who appreciated the initiative and encouraged faculty development. The workshop focused on understanding and effectively conducting Problem-Based Learning (PBL) sessions. A mock PBL session was conducted for hands-on experience. Pre- and post-workshop feedback was collected, showing a positive impact on participants' understanding and confidence. The workshop was well-received and marked a successful step toward promoting student-centered teaching methods.



DEPARTMENT OF MEDICAL EDUCATION

WORKSHOP “SMALL GROUP: BIG IMPACT”

The Department of Medical Education organized a faculty development workshop titled "Small Group: Big Impact" on 15th May 2025. The session focused on the significance and effectiveness of Small Group Discussions (SGDs) in medical education. The workshop was expertly facilitated by Prof. Dr. Naureen Omar, Director of the Department of Medical Education. Faculty members actively participated in interactive activities designed to enhance their understanding and application of SGDs. Pre- and post-workshop feedback was collected via Google Forms to assess learning outcomes. The engaging format encouraged reflective learning and collaborative participation. The session concluded with an address by Vice Principal Prof. Dr. Faheem Mahmood. He appreciated the department's efforts and emphasized the need for more such impactful training sessions. The workshop was well-received by the participants. It reinforced the value of small group learning in promoting critical thinking and deep understanding.



RLKU MEDICAL COLLEGE (RLKUMC)

DEPARTMENT OF MEDICAL EDUCATION

MUSICON 2025

RLKU Medical College successfully hosted MusiCon'25 on May 20, 2025 — a dynamic and well-organized musical event that highlighted the creativity, enthusiasm, and community spirit of its students. The event took place on campus from 1:00 PM to 3:00 PM, offering a lively platform for music fest auditions and live jamming sessions.

The event was honored by the presence of **Ms. Sabahat Khan (CEO RLK Associates)**, whose attendance reflected strong institutional support for student-led cultural activities. **Prof. Arif Mahmood Siddique, Principal of RLKU Medical College**, also graced the occasion, expressing his appreciation for the students' energy and creative contributions.

MusiCon'25 introduced a refreshing change of pace through its “No Backpack Day” theme, encouraging students to enjoy a casual and relaxed environment. The event featured engaging musical performances alongside a range of food stalls and recreational games, creating a festive and inclusive atmosphere for all participants.

The success of MusiCon'25 underscores RLKU's commitment to holistic education by nurturing not only academic excellence but also artistic expression and extracurricular involvement. Events like these play a vital role in building a vibrant campus culture, and the positive feedback from attendees is a testament to the event's meaningful impact.



FATTY LIVER

15th Meeting of Fatty Liver was held on **21st May 2025** at RLKU Medical College, Lahore, focusing on the growing clinical significance of the condition and approaches to its management.

The meeting was enriched by the esteemed presence of Prof. Raja Yassir, who shared valuable insights on the subject. Postgraduate Residents (PGRs) from Hameed Latif Hospital, Lahore, also attended and actively participated in the session, contributing to a dynamic academic exchange.

Faculty members from RLKU Medical College were also in attendance, making it a collaborative and engaging forum for discussion. This event reflects RLKU Medical College's ongoing commitment to academic excellence and fostering inter-institutional learning.



RLKU MEDICAL COLLEGE (RLKUMC)

CASH REWARDS TO THE HOUSEKEEPING DEPARTMENT

RLKU Medical College is pleased to announce a recent initiative led by our respected Principal **Professor Arif Mahmood Siddique**. In acknowledgement of exceptional diligence, Professor Arif Mahmood Siddique presented cash rewards to the housekeeping department. Their unwavering commitment creates a safe and comfortable environment essential for our students, faculty, and patients. Their crucial contributions, though often behind the scenes, are fundamental to the operational excellence of RLKU Medical College.

This action by the Principal demonstrates the administration's profound appreciation and value for every individual within the college community. RLKU Medical College consistently recognizes and rewards the dedication of its hardworking staff across all departments, reinforcing our commitment to fostering a motivated and appreciated workforce.



3rd JOURNAL CLUB MEDICINE DEPARTMENT

The most recent monthly Journal Club meeting was successfully convened on **Wednesday, May 14th, 2025**, at 12:00 PM in the D1 Lecture Hall of RLKU Medical College, Lahore. The session featured a presentation by Dr. Saeed Ahmad (SR Medicine) on a contemporary paper in Medicine, with the esteemed participation of **Principal Prof. Arif Mahmood Siddique**.

These regular Journal Club meetings are integral to the ongoing professional growth of Medical & Allied Departments. The active engagement of faculty, including Principal, underscores the importance of critically evaluating current research and fostering a culture of evidence-based practice within institution.



RLKU MEDICAL COLLEGE (RLKUMC)

10th INSPIRATIONAL SPEAKER PROGRAM

RLKU Medical College proudly hosted the 10th session of the Inspirational Speaker Program on Friday, 30th May 2025, under the visionary leadership of Principal Prof. Arif Mahmood Siddique. This flagship initiative continues to connect students and faculty with distinguished professionals from the field of medicine, providing valuable exposure to global medical practices and leadership insights.

The guest speaker for this landmark session was Prof. Wasique Mirza, MD, a highly respected academic internist and educator based in the United States. Dr. Mirza completed his medical education in Pakistan and pursued specialized training in New York. Since 1999, he has been serving in Northeast Pennsylvania, holding key roles such as Medical Director and currently serving as an academic internist with Geisinger. In addition, he teaches at the Geisinger Commonwealth School of Medicine and directs the Internal Medicine Residency Program at Geisinger Wyoming Valley. His extensive involvement in medical education and contributions to national healthcare committees have positioned him as a leader in promoting community health and academic excellence.

The session was a resounding success, marked by active participation from faculty members of both the basic and clinical sciences departments, along with 2nd and 3rd-year MBBS students. Dr. Mirza's engaging presentation focused on his professional journey, leadership in clinical settings, and the evolving role of physicians in global healthcare systems. He emphasized the importance of adaptability, ethical responsibility, and a lifelong commitment to learning.

Principal Prof. Arif Mahmood Siddique also attended the event and addressed the audience with encouraging remarks. He praised Dr. Mirza's achievements and reaffirmed the college's dedication to providing its students with platforms that nurture growth, vision, and professionalism. His presence and support greatly motivated students and faculty alike, highlighting the importance of such educational engagements.

RLK Medical College expresses sincere gratitude to Prof. Wasique Mirza for his inspiring session and to Principal Prof. Arif Mahmood Siddique for his continued leadership and encouragement. The success of this event reinforces our commitment to academic excellence and holistic medical education.



RLKU
MEDICAL COLLEGE

RASHID LATIF MEDICAL COMPLEX (RLMC)

NURSING COLLEGE

CELEBRATION OF INTERNATIONAL NURSES DAY



NURSING COLLEGE

PARTICIPATION OF MR. FAISAL NADEEM (PRINCIPAL, RLNC) IN NURSES DAY CELEBRATION AT DIFFERENT INSTITUTIONS

Lahore School Of Nursing, University Of Lahore



Allama Iqbal College Of Nursing, Jinnah Hospital Lahore



RASHID LATIF MEDICAL COMPLEX (RLMC)

NURSING COLLEGE

Seminar on “Resource & Finance Management”
Guest : Mr. Mansoor Ahmad (Chief Finance Officer RLK- Group)



NURSING COLLEGE

**PRESENTATION OF 9 RESEARCH PROJECT BY BSN INTERNS AT PKLI “QUIZ
COMPETITION & SCIENTIFIC SESSION” & INTERNATIONAL NURSES DAY
CELEBRATION**



**RASHID LATIF
MEDICAL COMPLEX**

ARIF MEMORIAL TEACHING HOSPITAL (AMTH)

SUCCESSFUL FREE MEDICAL CAMP BY ARIF MEMORIAL TEACHING HOSPITAL

We're proud to share the impact of our community service initiative at Govt. Primary School Ladhay ki Bhular! 150+ children received free health check-ups by our expert team of pediatricians, nutritionists, and speech-language therapists.

Free medicines were provided as prescribed, ensuring immediate care for little ones.

Every child took home a “joyful gift hamper” to celebrate their smiles!

A heartfelt thank you to our dedicated medical team, marketing team, volunteers, school staff, and the community for their trust and support. At Arif Memorial Teaching Hospital, we believe in nurturing healthier futures, one child at a time!

Together, we build stronger communities.

Arif Memorial Teaching Hospital – Serving with Compassion.



A COMMITMENT TO HEALTHCARE EXCELLENCE!

We are honored to share the visit of Special Advisor to the Prime Minister of Pakistan, Mr. Shabbir Usmani to Arif Memorial Teaching Hospital. During his visit, he took the time to commend our dedicated healthcare team for their outstanding provision of intensive care services to both neonates and adults.

He expressed his satisfaction with the advanced facilities and compassionate care provided at our hospital. He highlighted the importance of continuing support for healthcare institutions that strive to make a positive difference in the lives of patients.

In a show of solidarity, he extended his gratitude and assured us of the government's willingness to support our noble mission at Arif Memorial Teaching Hospital. Together, we can pave the way for a healthier future!

Let's continue working hand in hand for better healthcare in our community!



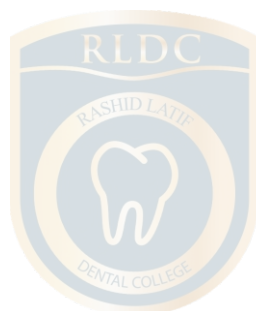
RASHID LATIF DENTAL COLLEGE (RLDC)

DEPARTMENT OF DENTAL EDUCATION

A workshop conducted at Rashid Latif Dental College by the Dental Education Department on SMART Strategies for Teaching was an incredibly fun, engaging, and hands-on learning experience. Led by Dr. Fatima Sikander, the session provided valuable insights into integrating technology within medical education through the SMART teaching strategies framework.

Participants explored a variety of interactive digital tools and classroom activity apps such as Kahoot, Padlet, and ChatGPT, gaining firsthand experience in designing micro-teaching sessions. The session emphasized how these platforms can be effectively used to keep students actively engaged and enhance their learning outcomes.

Overall, the workshop struck a perfect balance between theory and practice, making learning enjoyable while equipping us with practical strategies to implement in real classroom settings. A truly insightful and fun-filled educational experience!



RASHID LATIF DENTAL COLLEGE

HAMEED LATIF TEACHING HOSPITAL (HLTH)

DEPARTMENT OF MEDICAL EDUCATION

WORKSHOP “QUALITY ASSURANCE: INTRODUCTION AND EXPECTATIONS”

The Department of Medical Education organized a faculty development workshop titled " Quality Assurance: Introduction and Expectations " on 29th May 2025. The workshop was facilitated by Dr. Asim Zia, Director, Quality Assurance Department. The workshop was organized to introduce the fundamental principles of quality assurance in educational and institutional settings. The event aimed to raise awareness, foster understanding, and set clear expectations around quality assurance processes among conveners of standing committees and senior faculty. Pre- and post-workshop feedback were collected via Google Forms to assess learning outcomes.

An activity was designed for hands on practice of the participants making them practice the quality assurance process stepwise. Participants were encouraged to reflect on their roles in maintaining and enhancing quality within their institutions.

The session was concluded with an address by Principal Prof. Dr. Arif Siddiqui. He appreciated the department's efforts especially the comprehensive knowledge delivered by Dr Asim by fully engaging the faculty. He emphasized the need for more such impactful training sessions.



HAMEED LATIF
TEACHING HOSPITAL